

Healthy Helensville

Our vision: To be the healthiest rural community in New Zealand

Educational opportunities at Te Whare Oranga ō Parakai

National Certificate in Horticulture (Level 3) FREE

Commences 14 March 2016 for 34 weeks
on Weds/Thurs/Fri.

To enquire or enrol please email
dlong@northtec.ac.nz / 0800 162 100 or
call into Te Whare for an information sheet.

GO Organic part time courses FREE

Commencing February 2016 on Tuesdays

To find out more come along to the
Agriculture NZ Information Session on
2 February 2016 between 10am–12pm
at Te Whare or phone 0800 475 455.

Certificate in Small Business Management (CSBM) FREE

Do you have a business idea or want to
improve your existing business? If so the
CSBM is designed for you. Starting first
week of March 2016 on Wednesday nights
from 6–9pm, this course will provide
you with the practical tools you need

to establish your business (or manage
your current business) more effectively
including a comprehensive working
business plan. To find out more please
attend a free info session at Te Whare
Oranga on 3 or 10 February 2016
between 6–8pm.

One day Food Safety Courses

Run by Mahurangi Technical Institute,
these valuable courses will launch in
our Teaching Kitchen and Classroom
on February 16, March 15 and April 12
from 9am–4pm. We need a minimum
of 10 students per class, so please visit
<http://mti.net.nz/> or contact Mahurangi
Tech directly on 09 425 8493 for more
information!

Keep an eye on www.thrivekaipara.org.nz
for more courses planned for 2016
including cooking classes in our
Teaching Kitchen...

PEOPLE'S CORNER



Welcome to our new Trust Chairman Erica McKenzie

Our new Chairman Erica
McKenzie has lived
in Helensville for 30+
years and brings a comprehensive
background in health and education
to the role. The daughter in law of
founding Trustee and Chairman Alison
McKenzie, Erica taught at Kaipara
College for many years and has
been involved in many sporting and
wellbeing activities around South
Kaipara. Waitemata DHB's Health
Promoting Schools (HPS) Team
Coordinator, Erica is on the national
HPS National Advisory Group and is
passionate about health and youth.
She's excited about her new role on
the Trust and about the year ahead.