

# Healthy Helensville

Our vision: To be the healthiest rural community in New Zealand

## Expressions of interest

The Helensville District Health Trust Board is currently taking expressions of interest from people in our community for Trustee positions. Community Trustees are for a one year period and Appointed Trustees for a fixed term. Our Board is made up of people who have relevant business experience and a genuine interest in the health and wellbeing of Helensville and the wider South Kaipara community which it serves. Governance experience would be a benefit.

With a vision to be the 'healthiest rural community in New Zealand' the Helensville District Health Trust affects real change via its business units and social enterprises including the Helensville Birth Centre, the Kaipara Medical Centre and Te Whare Oranga ō Parakai. If you'd like to find out more please contact Chairman Dianne Kidd by emailing [admin@helensvillehealth.co.nz](mailto:admin@helensvillehealth.co.nz) or calling 09 420 7878. New Trustees will be appointed at our next AGM in October 2015. To find out more go to [www.helensvilledistricthealthtrust.co.nz](http://www.helensvilledistricthealthtrust.co.nz)

## Seeking volunteers!

Your community facility Te Whare Oranga ō Parakai has now been open for over three months. We love seeing you and receiving positive feedback as we are moving forward with our services. We would love some help from our friends in the community to make this a great success. Perhaps you have a little time you would be able to volunteer to support us to run our successful market, greet visitors and support our part-time staff. In return you will be participating in our community and meeting lots of great people. If this sounds like fun to you contact Imelda King on 09 420 9983, email [tewhareoranga@thrivekaipara.org.nz](mailto:tewhareoranga@thrivekaipara.org.nz) or leave your details with any of our staff.

## Certificate in Money Management

Te Whare Oranga ō Parakai will host its first Certificate in Money Management (CMM) starting this month – FREE for all to attend. Beginning on Wednesday 22 July the course will consist of a three hour class per week for 20 weeks. Topics covered range from personal money management to investing in the sharemarket, wealth creation and protection, property investment and evaluating a business's value. With an aim to help you reach your financial goals and provide a secure financial future for you and your whānau, the course is provided by Te Wānanga o Aotearoa. To find out more, come along to the information sessions at Te Whare Oranga ō Parakai on Wednesday 1 July + Wednesday 8 July at 7.30pm or visit [www.thrivekaipara.org.nz](http://www.thrivekaipara.org.nz).