

Healthy Helensville

Our vision: To be the healthiest rural community in New Zealand

Growing Clever seminars a success!

October saw the introduction of the 'Growing Clever' seminars, which are proving to be very popular with the local community.

Particular thanks to Margaret Kawharu for her great talk on '1000 years of food and restoration', which was enjoyed by all who attended.

Run by The South Kaipara Food Revolution and the South Kaipara Economic Development Scheme, the events are set to inspire and inform people. The seminars will continue to be held on Wednesday nights from 7.00pm to 8.30pm at Te Whare Oranga ō Parakai until early December.

For information on the next seminars see www.thrivekaipara.org.nz.

Farewell Dr Ivan Gannaway

After nearly two years with the Kaipara Medical Centre Dr Ivan Gannaway is leaving to pursue new endeavours. Dr Ivan Gannaway brought extensive clinical expertise to the practice and will be missed as a member of the KMC team. Dr Ivan Gannaway's last day at KMC is Friday 30 October. Please join us in wishing Dr Ivan Gannaway the very best in his new ventures.

The Kaipara Medical Centre is actively seeking a replacement doctor however with a current nationwide shortage of 1000 doctors this may take some time. In the interim a locum doctor has been contracted to start mid-November through to early January 2016. The locum doctor will be working closely with the senior clinical team to ensure all current patients of Dr Ivan Gannaway continue to have their health care needs met.

PEOPLE'S CORNER

Sally Garrod, Post-natal Midwife & Locum Midwife, Helensville Birthing Centre



Sally's a familiar face to many around Helensville, having helped local Mums and Dads with their newborn babies for over 15 years. She loves working in

and amongst her own community and watching new parents develop confidence in their own abilities.

Sally has recently has taken on locum duties for midwives and expecting mums in the area. Enjoying the variety of her work, Sally thinks the Helensville Birthing Centre is an incredible asset to the community – and one that locals have fought hard to achieve.