

Doctor boost over winter

The Kaipara Medical Centre is pleased to announce that it's secured another locum doctor, increasing its GP numbers over the busy winter season. Dr Tomas Longworth will be the Duty Doctor on Mondays and Fridays for four months from mid-June. He and his wife, Dr Kathryn Elcock, who is also a GP at the centre, recently moved to the Helensville area with their young daughter.

Simply superb

Each week a delivery of fresh herbs is made to the kitchen at Te Whare Oranga ō Parakai courtesy of Superb Herb. The company, which has greenhouses in nearby Fordyce Road, donates extra stock which the kitchen team then use as ingredients in catering, or for the food they make for the Kaipara College Tuck Shop.

Kitchen Manager Keryn Reardon says "it's such a beneficial relationship as the donation helps keeps our costs down at the



Te Whare Oranga o Parakai's Chef Keryn Reardon receiving some of the donated herbs from Chris Dale Operations Manager at Superb Herb's Parakai base.

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